

AVC Program Descriptions for September 2026

Look for these program codes:

Children

Family

Adults

Program Name	Date	Time	Price	Description
After School Snack Grab	Wednesday, 9/9	2:30 pm	Free	Kiddos can stop by the front of the club on the way home from school to pick up a treat! <i>*NOTE* if your child has an allergy -- please contact Barbara.Ketchum@addisonvillageclub.com so we can set aside a special allergy free treat!</i>
Art For Everyone – ZINE WORKSHOP	Thursday, 9/17	6:00 – 8:00 pm	\$5 per person	The perfect way for families & friends to socialize & craft! We are making MINI ZINES! A zine is a self-published book, and ours will be an 8-page mini book with photos, stickers, collage elements, and more! These little zines are addictive to make - how many can you create during our workshop?
Badminton Club	Saturdays <i>(No Club Meeting on 9/12)</i>	8:00 – 10:00 am	Free	Join in with others who love to play badminton. No need to register, just show up with your racquet and be ready to rally!
Bark & Browse	Saturday, 9/12	9:00 am – 2:00 pm	Free	It's a Home Show & Craft Show with a special outdoor area just for the dogs! It's free to attend and be sure to stop by with your fur baby for "Yappy Hour" to get a pup cup! <i>Want to be a vendor? Contact Barbara.Ketchum@addisonvillageclub.com</i>
BIG RED BUS	Saturday, 9/19	10:00 – 3:00 pm	Free	Donate blood, save a life, and get a \$20 gift card & a gift! No appointment necessary, but you can sign up in advance at oneblood.org/donate-now and use sponsor code 65939
Beginner Italian Lessons	Mondays: 9/14 9/21 9/28	6:00 – 8:00 pm	\$40	This 3-week class is designed for beginners who want to improve their conversational Italian, whether you are learning for travel, cooking, business, family connections, or simply because you love Italy!
BINGO	Wednesday, 9/9	6:00 – 7:30 pm	\$8	Play 7 rounds of BINGO & win great prizes. September is GNOME Bingo! Refreshments are served, adults only, and YOU MUST REGISTER IN ADVANCE!!!
Bunco Club	Tuesday, 9/15	6:00 – 9:00 pm	Free <i>(optional \$5 buy-in to win prizes)</i>	A fun dice game where players try to roll and score the most points over a series of rounds. Bring a snack/dessert/drink to share! Wine, soda & water will be provided – but feel free to bring your own "adult sippy cup!" Adults only. Please register in advance.
First Friday Food Truck	Friday, 9/4	Starting at 4:00 pm	Variable	The first Friday of the month is a special Food Truck Friday! Be sure to come back the first Friday of every month!
Latino Social Club	Saturday, 9/19	5:00 – 8:30 pm	Free	Celebrate the richness of the Latino culture! The September meeting is in the meeting room! You may contact Diane Lopez at dlopezeduard@gmail.com with any questions!
Lifelong Learning Club	Tuesdays	12:00 – 1:30 pm	Free	A club to celebrate learning and authentic dialogue! Club participants help select topics of discussion. If you have an area of expertise and would like to share it, we would love to have you join us as well! Bring a snack or your lunch to enjoy during the discussion.
Line Dancing	Mondays: 9/14 9/21 9/28	7:00 – 8:00 pm	\$10	Dancing Queen Heather will be here to teach her fun line dancing class right here at AVC! Perfect for first timers or long-time line dancing lovers! Enjoy moving your feet to great music & learning from an expert instructor!
Mahjong Club	Tuesdays Thursdays	6:30 – 8:30 pm 9:30 – 11:30 am	Free	Play Mahjong in groups of 3 or 4 – suitable for all skill levels. If you are new to Mahjong, the current club members will be happy to show you how to play!
Open Gym - BASKETBALL	Thursdays: 9/10 9/17 9/24	6:00 – 8:00 pm	Free	Players form teams on a first-come, first-served basis & play to 15 points. Fouls and violations are called by the players using the honor system. Players should wear non-marking gym shoes. Basketballs are available or you can bring your own!
Poker Club	Mondays, Wednesdays & Fridays	1:00 – 3:00 pm	Free	A club for everyone who loves the game of poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Monday, Wednesday & Friday!
Read Between the Wines Book Club	Friday, 9/18	6:30 – 8:00 pm	Free	Join us in September to discuss <i>The Anomaly</i> by Hervé Le Tellier. Contact Club Leader, Pam Sowell, at PSowell@hotmail.com for more information.
Texas Hold 'Em Club	Thursday Afternoons: 9/3 & 9/17 Thursday Evenings: 9/10 & 9/24	2:00 – 4:00 pm 6:00 – 8:00 pm	Free	A club for everyone who loves the classic game of Texas Hold'em Poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Thursday! Meetings alternate between afternoon & evening start times – be sure to check the schedule!
<i>Try Mermaid</i> & Shark	Saturday, 9/26	9:30 – 10:30 am (2 groups of 4 people) 11:00 am – 12:00 pm (2 groups of 4 people) 12:30 – 1:30 pm (2 groups of 4 people)	\$25	According to SSI standards, the minimum age to participate is 6 years old, making this a fantastic option for both kids and adults who want to experience the magic! Participants just need to be comfortable and fit to swim. During a 1-hour session, participants can expect a safety briefing, learning the basic dolphin kick movement, fun games, underwater photos, and swimming like a real mermaid (or shark!) under the direct supervision of a professional instructor.
FITNESS CLASSES				
AquaFit	Wednesdays <i>No Class on 8/5</i>	8:00 – 9:00 am	\$8 <i>(or unlimited monthly pass!)</i>	A low impact, high intensity class where no swimming skills are needed. Improve flexibility, range of motion, strength, muscle tone and cardiovascular endurance while using water resistance to cushion the joints. Water weights available to borrow for class.
Barre Fitness	Tuesdays	9:00 – 10:00 am	\$8 <i>(or unlimited monthly pass!)</i>	Barre targets specific muscles through isometric movements and is an effective way to build total body strength and improve flexibility.
Cardio FIT	Tuesdays	10:00 – 10:45 am	\$8 <i>(or unlimited monthly pass!)</i>	Focus on your cardiovascular health with this class using large muscle groups and high- or low-impact exercises to raise oxygen and blood flow throughout the body.
Cardio PLAYGROUND	Thursdays	10:00 – 10:45 am	\$8 <i>(or unlimited monthly pass!)</i>	Get your heart pumping every Thursday in July with cardio fitness designed around your favorite playground games! Volleyball with beach balls, hopscotch, obstacle courses and more! Move, sweat, and smile while you feel like a kid again!
Pilates	Thursdays	9:00 – 9:50 am	\$8 <i>(or unlimited monthly pass!)</i>	Pilates exercises develop the body through muscular effort that stems from the core. Exercises are performed on a yoga mat to promote strength, stability, and flexibility.
Total Body Conditioning	Mondays & Fridays	9:00 – 9:50 am	\$8 <i>(or unlimited monthly pass!)</i>	A multi-level full body workout targeting all the major muscle groups. Challenging exercises will increase strength, decrease body fat, & improve overall conditioning.
Yoga Stretch	Mondays & Fridays	10:00 – 11:00 am	\$8 <i>(or unlimited monthly pass!)</i>	A blend of stretching and strengthening postures, breath work and guided meditation to reduce stress and help restore and maintain balance, flexibility & strength.
TENNIS CLINICS				
Beginner Tennis Clinic - Adults	Saturdays	8:00 – 9:30 am	\$25 <i>(\$20 with 4-Class Pass)</i>	Group style lessons for beginner tennis players.
"Green Ball" Youth Tennis Clinic	Wednesdays	5:30 – 6:30 pm	\$20 <i>(\$15 with 4-Class Pass)</i>	Group style lessons for intermediate youth tennis players who are ready to play full court. Green balls travel 25% slower and bounce slightly less than the standard ball to help develop skill and consistency.
Intermediate Tennis Clinic – Adults	Saturdays	9:30 – 11:00 am	\$25 <i>(\$20 with 4-Class Pass)</i>	Group style lessons for intermediate tennis players.
"Red Ball" Youth Tennis Clinic	Wednesdays	4:30 – 5:30 pm	\$20 <i>(\$15 with 4-Class Pass)</i>	Group style lessons for youth tennis players who are just beginning. Use a partial court and a "red" tennis ball that is 75% slower and a bit larger than the standard ball.
"Yellow Ball" Youth Tennis Clinic	Saturdays	11:00 am – 12:30 pm	\$25 <i>(\$20 with 4-Class Pass)</i>	Group style lessons for advanced youth tennis players able to utilize the full court and a standard tennis ball.
PERSONAL TRAINING & PRIVATE LESSONS				
Fitness Training	Stephanie O'Connell	Personal Training must be scheduled in advance by contacting Stephanie directly at 321-474-9878 or soconnell73@outlook.com .		
Pickleball Lessons	Sabrina Korpi	Pickleball lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson. Reach out to Sabrina directly at sabrinakorpi@gmail.com or 321-243-5943.		
Tennis Lessons	Ken Moore	Tennis lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson.		
Swim Lessons	Michael DeMarco	Swim Lessons are available through the end of September .		