

AVC Program Descriptions for August 2026

Look for these program codes:

Children

Family

Adults

Program Name	Date	Time	Price	Description
Art For Everyone – DECOUPAGE SEASHELLS	Friday, 8/28	6:00 – 8:00 pm	\$5 per person	The perfect way for families & friends to socialize & craft! Choose from real oyster shells, scallop shells, and other assorted small shells. Learn how to decoupage paper designs into your shell, then embellish with a gold metallic trim. These make lovely jewelry dishes, magnets, pretty decor, and more!
Back to School 	Friday, 8/14	4:00 – 7:30 pm	Free	School is back in session, and the party is ON at AVC! Try out to waterslides & obstacle courses! Make sure to visit the rock painting station to create something unique for yourself – or to donate to Ana's Rock Garden in North Solerno Park! We also have more games, food trucks & tons of fun for the whole family!
Badminton Club	Saturdays	8:00 – 10:00 am	Free	Join in with others who love to play badminton. No need to register, just show up with your racquet and be ready to rally!
BIG RED BUS	Saturday, 8/8	10:00 – 3:00 pm	Free	Donate blood, save a life, and get a \$20 gift card & a gift! No appointment necessary, but you can sign up in advance at oneblood.org/donate-now and use sponsor code 65939
BINGO	Wednesday, 8/12	6:00 – 7:30 pm	\$8	Play 7 rounds of BINGO & win great prizes. August is Florida Bingo! Refreshments are served, adults only, and YOU MUST REGISTER IN ADVANCE!!!
Bunco Club	WEDNESDAY, 8/19	6:00 – 9:00 pm	Free (optional \$5 buy-in to win prizes)	A fun dice game where players try to roll and score the most points over a series of rounds. Bring a snack/dessert/drink to share! Wine, soda & water will be provided – but feel free to bring your own "adult sippy cup!" Adults only. Please register in advance.
First Friday Food Truck	Friday, 8/7	Starting at 4:00 pm	Variable	The first Friday of the month is a special Food Truck Friday! Be sure to come back the first Friday of every month!
Homeschool Pool Day Meet-Up Club	Mondays: 8/10 & 8/24	9:00 – 11:00 am	Free	Homeschool families are invited to gather poolside at the Family Pool every other Monday in August! This is a fun way for families and kiddos to stay connected and enjoy fun in the sun during the summer months! No need to register - just come prepared to hang out! For any questions, please reach out to Jihan Dinaly at jdinaly@gmail.com
Kids Night Out	Saturday, 8/22	5:00 – 8:30 pm	\$30 (2nd child's enrollment is \$25)	Overtime Athletics will be here to bring the entertainment, food & FUN! Kiddos 5 and up are invited to spend the evening playing sports, watching a movie, eating dinner, meeting new friends - all while the parents have the evening to themselves! (Complete your enrollment through the front desk in order to receive the 2 nd child discount)
Latino Social Club	Saturday, 8/29	5:00 – 8:30 pm	Free	Celebrate the richness of the Latino culture! The August meeting is in the meeting room! You may contact Diane Lopez at dlopezeduard@gmail.com with any questions!
Lifelong Learning Club	Tuesdays	12:00 – 1:30 pm	Free	A club to celebrate learning and authentic dialogue! Club participants help select topics of discussion. If you have an area of expertise and would like to share it, we would love to have you join us as well! Bring a snack or your lunch to enjoy during the discussion.
Line Dancing	Mondays: 8/10 & 8/24	7:00 – 8:00 pm	\$10	Dancing Queen Heather will be here to teach her fun line dancing class right here at AVC! Perfect for first timers or long-time line dancing lovers! Enjoy moving your feet to great music & learning from an expert instructor!
Mahjong Club	Tuesdays Thursdays	6:30 – 8:30 pm 9:30 – 11:30 am	Free	Play Mahjong in groups of 3 or 4 – suitable for all skill levels. If you are new to Mahjong, the current club members will be happy to show you how to play!
Poker Club	Mondays, Wednesdays & Fridays	1:00 – 3:00 pm	Free	A club for everyone who loves the game of poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Monday, Wednesday & Friday!
Primary Election Polling Location	Tuesday, 8/18	7:00 am – 7:00 pm	Free	AVC is a polling location for Brevard County. The Club remains open during voting hours.
Read Between the Wines Book Club <i>Special Meet the Author Night!</i>	Friday, 8/21	6:30 – 8:00 pm	Free	Join us in August to discuss <i>Zebra: Friends by Fate Enemies</i> by Jill Wallace (A Local Author who will lead the discussion!). This club meeting is FREE, and no registration is required. Contact Club Leader, Pam Sowell, at PSowell@hotmail.com for more information.
Summer Camp	LAST WEEK! 8/3 – 8/6	9:00 am – 4:30 pm daily	\$175 per week	Camp Addison is back again for another awesome summer session! Pick and choose your favorite weeks and plan for your kiddos to make great summer memories! Camp Addison is for children 5-12 years old. Full details are available at the club!
 Texas Hold 'Em Club OFFICIAL KICKOFF!	Thursday, 8/6	6:00 – 8:00 pm	Free	Help us officially kick-off the Texas Hold'em Poker Club! We would love to get to know you or teach you how to play if you are new to the game! Going forward, the first Thursday meeting of the month will be on Thursday evening, and the rest of the month will be held Thursday afternoons.
Texas Hold 'Em Club	Thursdays: 8/13 & 8/27	2:00 – 4:00 pm	Free	A club for everyone who loves the classic game of Texas Hold'em Poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Thursday afternoon!
Waterslide Wednesdays	LAST WEDNESDAY! 8/5	10:00 am – 3:00 pm	Free	All summer long we have a waterslide planned for our summer camp kiddos on Wednesdays! But when they're not using it, it is open to ALL our club members! Plan to make a SPLASH and have fun on the slide!
FITNESS CLASSES				
AquaFit	Wednesdays No Class on 8/5	8:00 – 9:00 am	\$8 (or unlimited monthly pass!)	A low impact, high intensity class where no swimming skills are needed. Improve flexibility, range of motion, strength, muscle tone and cardiovascular endurance while using water resistance to cushion the joints. Water weights available to borrow for class.
Barre Fitness	Tuesdays	9:00 – 10:00 am	\$8 (or unlimited monthly pass!)	Barre targets specific muscles through isometric movements and is an effective way to build total body strength and improve flexibility.
Cardio FIT	Tuesdays	10:00 – 10:45 am	\$8 (or unlimited monthly pass!)	Focus on your cardiovascular health with this class using large muscle groups and high- or low-impact exercises to raise oxygen and blood flow throughout the body.
Cardio PLAYGROUND	Thursdays	10:00 – 10:45 am	\$8 (or unlimited monthly pass!)	Get your heart pumping every Thursday in July with cardio fitness designed around your favorite playground games! Volleyball with beach balls, hopscotch, obstacle courses and more! Move, sweat, and smile while you feel like a kid again!
Pilates	Thursdays	9:00 – 9:50 am	\$8 (or unlimited monthly pass!)	Pilates exercises develop the body through muscular effort that stems from the core. Exercises are performed on a yoga mat to promote strength, stability, and flexibility.
Total Body Conditioning	Mondays & Fridays	9:00 – 9:50 am	\$8 (or unlimited monthly pass!)	A multi-level full body workout targeting all the major muscle groups. Challenging exercises will increase strength, decrease body fat, & improve overall conditioning.
Yoga Stretch	Mondays & Fridays	10:00 – 11:00 am	\$8 (or unlimited monthly pass!)	A blend of stretching and strengthening postures, breath work and guided meditation to reduce stress and help restore and maintain balance, flexibility & strength.
TENNIS CLINICS				
Beginner Tennis Clinic - Adults	Saturdays	8:00 – 9:30 am	\$25 (\$20 with 4-Class Pass)	Group style lessons for beginner tennis players.
"Green Ball" Youth Tennis Clinic	Wednesdays	5:30 – 6:30 pm	\$20 (\$15 with 4-Class Pass)	Group style lessons for intermediate youth tennis players who are ready to play full court. Green balls travel 25% slower and bounce slightly less than the standard ball to help develop skill and consistency.
Intermediate Tennis Clinic – Adults	Saturdays	9:30 – 11:00 am	\$25 (\$20 with 4-Class Pass)	Group style lessons for intermediate tennis players.
"Red Ball" Youth Tennis Clinic	Wednesdays	4:30 – 5:30 pm	\$20 (\$15 with 4-Class Pass)	Group style lessons for youth tennis players who are just beginning. Use a partial court and a "red" tennis ball that is 75% slower and a bit larger than the standard ball.
"Yellow Ball" Youth Tennis Clinic	Saturdays	11:00 am – 12:30 pm	\$25 (\$20 with 4-Class Pass)	Group style lessons for advanced youth tennis players able to utilize the full court and a standard tennis ball.
PERSONAL TRAINING & PRIVATE LESSONS				
Fitness Training	Stephanie O'Connell	Personal Training must be scheduled in advance by contacting Stephanie directly at 321-474-9878 or soconnell73@outlook.com .		
Pickleball Lessons	Sabrina Korpi	Pickleball lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson. Reach out to Sabrina directly at sabrinakorpi@gmail.com or 321-243-5943.		
Tennis Lessons	Ken Moore	Tennis lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson.		
Swim Lessons	Maddie Helms & Julia Schmidt	Swim Lessons are available through the first week of August .		