

AVC Program Descriptions for July 2026

Look for these program codes:

Children

Family

Adults

Program Name	Date	Time	Price	Description
Art For Everyone – GLAM CAPS & COOL CAPS!	Friday, 7/24	6:00 – 8:00 pm	\$15 per project	The perfect way for families to craft together and friends can get together to socialize & craft! We are making the perfect summer accessory – GLAM CAPS and COOL CAPS! Choose a baseball cap, patches, embellishments & bling to make your one-of-a-kind hat to wear home! We have adult and child-sized hats & options for girls AND boys!
AVC Travelers Club	Thursday, 7/16	6:00 – 8:00 pm	Free	If you love to travel, this is the club for you! There are updates about cruises, and new opportunities for day trips! Contact Gil Pohl at GilPohl@gmail.com for more information.
Badminton Club	Saturdays	8:00 – 10:00 am	Free	Join in with others who love to play badminton. No need to register, just show up with your racquet and be ready to rally!
BINGO	Wednesday, 7/8	6:00 – 7:30 pm	\$8	Play 7 rounds of BINGO & win great prizes. July is USA Bingo! Refreshments are served, adults only, and YOU MUST REGISTER IN ADVANCE!!!
Bunco Club	Tuesday, 7/21	6:00 – 9:00 pm	Free (optional \$5 buy-in to win prizes)	A fun dice game where players try to roll and score the most points over a series of rounds. Bring a snack/dessert/drink to share! Wine, soda & water will be provided – but feel free to bring your own “adult sippy cup!” Adults only. Please register in advance.
First Friday Food Truck	Friday, 7/3	Starting at 4:00 pm	Variable	The first Friday of the month is a special Food Truck Friday! Be sure to come back the first Friday of every month!
Family Fun Bingo	Friday, 7/31	6:00 – 8:00 pm	\$8 per player	Bingo Fun for the WHOLE FAMILY! Bring the kids along to play 7 rounds of Bingo, win summer fun prizes, and enjoy refreshments! We encourage everyone to wear red, white & blue! You must register each family member & guest who will be attending, and you must register in advance.
Homeschool Pool Day Meet-Up Club	Mondays: 7/13 & 7/27	9:00 – 11:00 am	Free	Homeschool families are invited to gather poolside at the Family Pool every other Monday in July & August! This is just a fun way for families and kiddos to stay connected and enjoy some fun in the sun during the summer months! No need to register - just come prepared to hang out! For any questions, please reach out to Jihan Dinally at jdinally@gmail.com
Latino Social Club	Saturday, 7/11	5:00 – 8:30 pm	Free	Celebrate the richness of the Latino culture! The July meeting is back inside the meeting room! You may contact Diane Lopez at dlopezeduard@gmail.com with any questions!
Lifelong Learning Club	Tuesdays	12:00 – 1:30 pm	Free	A club to celebrate learning and authentic dialogue! Club participants help select topics of discussion. If you have an area of expertise and would like to share it, we would love to have you join us as well! Bring a snack or your lunch to enjoy during the discussion.
Line Dancing	Mondays: 7/13 7/20 7/27	7:00 – 8:00 pm	\$10	Dancing Queen Heather will be here to teach her fun line dancing class right here at AVC! Perfect for first timers or long-time line dancing lovers! Enjoy moving your feet to great music & learning from an expert instructor!
Mahjong Club	Tuesdays Thursdays	6:30 – 8:30 pm 9:30 – 11:30 am	Free	Play Mahjong in groups of 3 or 4 – suitable for all skill levels. If you are new to Mahjong, the current club members will be happy to show you how to play!
Poker Club	Mondays, Wednesdays & Fridays	1:00 – 3:00 pm	Free	A club for everyone who loves the game of poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Monday, Wednesday & Friday!
Read Between the Wines Book Club	Friday, 7/17	6:00 – 8:00 pm	Free	Join us at the July meeting to discuss American Independence. Pick your own book about America gaining independence and give a short review. This club meeting is FREE, and no registration is required. Contact Club Leader, Pam Sowell, at PSowell@hotmail.com for more information.
Summer Camp	Weekly 6/1 – 8/6	9:00 am – 4:30 pm daily	\$175 per week	Camp Addison is back again for another awesome summer session! Pick and choose your favorite weeks and plan for your kiddos to make great summer memories! Camp Addison is for children 5-12 years old. Full details are available at the club!
RED, WHITE & POOL Party!	Saturday, 7/4	11:00 am – 3:00 pm	Free	It's best pool party of the year – our annual 4 th of July Pool Party! The DJ will be setting the party mood with great music, a caricature artist will be here making custom portraits, waterproof facepainting, waterslide, and an indoor game area if you need a break from the sun! We have amazing food vendors: Sagi & Kiqos, Apollos 22 & Cocktails 2 You. This event fills up quickly – you may want to bring along a chair for poolside lounging. We also ask that you keep pool floats & toys to an absolute minimum.
Tasty Tuesdays	Tuesdays	12:00 – 3:00 pm	Variable	Every Tuesday a food truck is coming to serve up lunch to our summer camp kiddos and YOU! Plan to have a yummy lunch while relaxing by the pool!
Texas Hold ‘Em Club	Thursdays	2:00 – 4:00 pm	Free	A club for everyone who loves the classic game of Texas Hold ‘em Poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Thursday afternoon!
Waterslide Wednesdays	Wednesdays	10:00 am – 3:00 pm	Free	All summer long we have a waterslide planned for our summer camp kiddos on Wednesdays! But when they're not using it, it is open to ALL our club members! Plan to make a SPLASH and have fun on the slide!
FITNESS CLASSES				
AquaFit	Wednesdays No Classes on 7/15	8:00 – 9:00 am	\$8 (or unlimited monthly pass!)	A low impact, high intensity class where no swimming skills are needed. Improve flexibility, range of motion, strength, muscle tone and cardiovascular endurance while using water resistance to cushion the joints. Water weights available to borrow for class.
Barre Fitness	Tuesdays No Classes on 7/14	9:00 – 10:00 am	\$8 (or unlimited monthly pass!)	Barre targets specific muscles through isometric movements and is an effective way to build total body strength and improve flexibility.
Cardio FIT	Tuesdays No Classes on 7/14	10:00 – 10:45 am	\$8 (or unlimited monthly pass!)	Focus on your cardiovascular health with this class using large muscle groups and high- or low-impact exercises to raise oxygen and blood flow throughout the body.
Cardio PLAYGROUND	Thursdays No Classes on 7/16	10:00 – 10:45 am	\$8 (or unlimited monthly pass!)	Get your heart pumping every Thursday in July with cardio fitness designed around your favorite playground games! Volleyball with beach balls, hopscotch, obstacle courses and more! Move, sweat, and smile while you feel like a kid again!
Pilates	Thursdays No Classes on 7/16	9:00 – 9:50 am	\$8 (or unlimited monthly pass!)	Pilates exercises develop the body through muscular effort that stems from the core. Exercises are performed on a yoga mat to promote strength, stability, and flexibility.
Total Body Conditioning	Mondays & Fridays No Classes on 7/10, 7/13 & 7/17	9:00 – 9:50 am	\$8 (or unlimited monthly pass!)	A multi-level full body workout targeting all the major muscle groups. Challenging exercises will increase strength, decrease body fat, & improve overall conditioning.
Yoga Stretch	Mondays & Fridays No Classes on 7/10, 7/13 & 7/17	10:00 – 11:00 am	\$8 (or unlimited monthly pass!)	A blend of stretching and strengthening postures, breath work and guided meditation to reduce stress and help restore and maintain balance, flexibility & strength.
TENNIS CLINICS				
Beginner Tennis Clinic - Adults	Saturdays No Clinic on 7/18	8:00 – 9:30 am	\$25 (\$20 with 4-Class Pass)	Group style lessons for beginner tennis players.
“Green Ball” Youth Tennis Clinic	Wednesdays	5:30 – 6:30 pm	\$20 (\$15 with 4-Class Pass)	Group style lessons for intermediate youth tennis players who are ready to play full court. Green balls travel 25% slower and bounce slightly less than the standard ball to help develop skill and consistency.
Intermediate Tennis Clinic – Adults	Saturdays No Clinic on 7/18	9:30 – 11:00 am	\$25 (\$20 with 4-Class Pass)	Group style lessons for intermediate tennis players.
“Red Ball” Youth Tennis Clinic	Wednesdays	4:30 – 5:30 pm	\$20 (\$15 with 4-Class Pass)	Group style lessons for youth tennis players who are just beginning. Use a partial court and a “red” tennis ball that is 75% slower and a bit larger than the standard ball.
“Yellow Ball” Youth Tennis Clinic	Saturdays No Clinic on 7/18	11:00 am – 12:30 pm	\$25 (\$20 with 4-Class Pass)	Group style lessons for advanced youth tennis players able to utilize the full court and a standard tennis ball.
PERSONAL TRAINING & PRIVATE LESSONS				
Fitness Training	Stephanie O’Connell	Personal Training must be scheduled in advance by contacting Stephanie directly at 321-474-9878 or soconnell73@outlook.com.		
Pickleball Lessons	Sabrina Korpi	Pickleball lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson. Reach out to Sabrina directly at sabrinakorpi@gmail.com or 321-243-5943.		
Tennis Lessons	Ken Moore	Tennis lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson.		
Swim Lessons	Maddie Helms & Julia Schmidt	Swim Lessons are available through the first week of August.		