

## AVC Program Descriptions for March 2026

Program Name	Date	Time	Price	Description
After School <b>SHAMROCK</b> Snack Grab	Wednesday, 3/11	2:30 pm	Free	The March Snack Grab features a special shamrock-themed snack! Kiddos can stop by the front of the club on the way home from school to pick up a treat! <i>*NOTE* If your child has an allergy such as dairy, gluten or nuts – please contact Barbara.Ketchum@addisonvillageclub.com so we can set aside a special allergy free treat!</i>
Art For Everyone – Diamond Dot Art!	Thursday, 3/5	6:00 – 8:00 pm	\$5	Art for Everyone is the perfect way for families to craft together, friends can get together to socialize & craft, and couples can have a fun date night! Simple crafts = tons of fun! In March, we are making Diamond Dot Art projects! Choose from: a shamrock keychain, a coaster, or a bookmark!
Badminton Club	Saturdays	8:00 – 10:00 am	Free	Join in with others who love to play badminton. No need to register, just show up with your racquet and be ready to rally!
BINGO	Wednesday, 3/11	6:00 – 7:30 pm	\$8	Play 7 rounds of BINGO & win great prizes. March is Luck o' the Irish Bingo! Refreshments are served, adults only, and <b>YOU MUST REGISTER IN ADVANCE!!!</b>
Bunco Club	Tuesday, 3/17	6:00 – 9:00 pm	Free <small>(optional \$5 buy-in to win prizes)</small>	A fun dice game where players try to roll and score the most points over a series of rounds. Bring a snack/dessert/drink to share! Wine, soda & water will be provided – but feel free to bring your own “adult sippy cup!” Adults only. Please register in advance online or at the club. <i>***Our leprechauns are leaving a special prize to win for everyone attending Bunco following the Leprechaun Lounge Cocktail Hour!***</i>
<b>Family Fun Bingo</b> 	Friday, 3/27	6:00 – 8:00 pm	\$8 per player	Bingo Fun for the WHOLE FAMILY! Bring the kids along to play 7 rounds of Bingo, win spring fun prizes, and enjoy refreshments! In March, we encourage everyone to wear <b>bright colors</b> to celebrate spring! You must register each family member & guest who will be attending, and you must register in advance.
First Friday Food Truck	Friday, 3/6	Starting at 4:00 pm	Varies	The first Friday of the month is a special Food Truck Friday! Miss Lola's will be here in March! Be sure to come back the first Friday of every month!
Latino Social Club	Friday, 3/13	6:00 – 8:30 pm	Free	The March meeting details are TBD. You may contact Diane Lopez at <a href="mailto:dlopezouard@gmail.com">dlopezouard@gmail.com</a> with any questions!
 <b>Leprechaun Lounge Cocktail Hour</b>	Tuesday, 3/17	5:00 – 6:00 pm	Free	Join us for a wee bit of Irish fun at a special cocktail hour on St. Patrick's Day! AVC's resident leprechauns will be on hand to serve and entertain you! Sip a bit of Irish Whiskey, ale, or our non-alcoholic leprechaun punch! Light snacks will also be provided! Continue your luck at Bunco Club or Mahjong Club immediately following cocktail hour. Our leprechauns just might leave a special prize to win by attending one of the club events that night! This event is free - but please register in advance.
Lifelong Learning Club	Tuesdays	12:00 – 1:30 pm	Free	A club to celebrate learning and authentic dialogue! Club participants help select future topics of discussion. If you have an area of expertise and would like to share it, we would love to have you join us as well! Bring a snack or your lunch to enjoy during the discussion. This club is free to attend, no need to register in advance.
Mahjong Club	Tuesdays Thursdays	6:30 – 8:30 pm 9:30 – 11:30 am	Free	Play Mahjong in groups of 3 or 4 – suitable for all skill levels. If you are new to Mahjong, the current club members will be happy to show you how to play! <i>***On Tuesday, March, 17<sup>th</sup>, our leprechauns are leaving a special prize to win for everyone attending Bunco following the Leprechaun Lounge Cocktail Hour!***</i>
Motorcycle Riders Club	Saturday, 3/7	2:00 – 3:00 pm	Free	A club for people who love motorcycles! Join us to meet fellow enthusiasts & plan rides. Refreshments will be served, no need to register in advance.
Poker Club	Mondays, Wednesdays & Fridays	1:00 – 3:00 pm	Free	A club for everyone who loves the game of poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Monday, Wednesday & Friday!
Read Between the Wines Book Club	Friday, 3/20	6:00 – 8:00 pm	Free	Join us at the March meeting to discuss the book of the month: <i>The One</i> by John Marrs. This club meeting is FREE, and no registration is required. Contact Club Leader, Pam Sowell, at <a href="mailto:PSowell@hotmail.com">PSowell@hotmail.com</a> for more information.
FITNESS CLASSES				
Barre Fitness	Tuesdays	9:00 – 10:00 am	\$8 <small>(or unlimited monthly pass!)</small>	Barre targets specific muscles through isometric movements and is an effective way to build total body strength and improve flexibility.
Cardio FIT	Tuesdays	10:00 – 10:45 am	\$8 <small>(or unlimited monthly pass!)</small>	Focus on your cardiovascular health with this class using large muscle groups and high- or low-impact exercises to raise oxygen and blood flow throughout the body.
Foam Rolling	Thursdays	10:00 – 10:45 am	\$8 <small>(or unlimited monthly pass!)</small>	Use your body weight to apply pressure to muscles, similar to a deep tissue massage, releasing knots and tightness. The class will address various body parts and will include instruction for modified exercises depending on your ability level. <i>We have limited rollers available, and you can purchase your own 36" roller on Amazon: <a href="https://tinyurl.com/49s7td3s">https://tinyurl.com/49s7td3s</a></i>
Pilates	Thursdays	9:00 – 9:50 am	\$8 <small>(or unlimited monthly pass!)</small>	Pilates exercises develop the body through muscular effort that stems from the core. Exercises are performed on a yoga mat to promote strength, stability, and flexibility.
Total Body Conditioning	Mondays & Fridays	9:00 – 9:50 am	\$8 <small>(or unlimited monthly pass!)</small>	A multi-level full body workout targeting all the major muscle groups. Challenging exercises will increase strength, decrease body fat, & improve overall conditioning.
Yoga Stretch	Mondays & Fridays	10:00 – 11:00 am	\$8 <small>(or unlimited monthly pass!)</small>	A blend of stretching and strengthening postures, breath work and guided meditation to reduce stress and help restore and maintain balance, flexibility & strength.
PICKLEBALL CLINICS				
Advanced Beginner Pickleball Clinic	Saturday, 3/7	8:00 – 9:30 am	\$25	Fine tune your skills regarding basic shots, court positioning, and game play.
TENNIS CLINICS				
Beginner Tennis Clinic - Adults	Saturdays	8:00 – 9:30 am	\$25 <small>(\$20 with 4-Class Pass)</small>	Group style lessons for beginner tennis players.
“Green Ball” Youth Tennis Clinic	Saturdays	12:30 – 1:30 pm	\$20 <small>(\$15 with 4-Class Pass)</small>	Group style lessons for intermediate youth tennis players who are ready to play full court. Green balls travel 25% slower and bounce slightly less than the standard ball to help develop skill and consistency.
Intermediate Tennis Clinic – Adults	Saturdays	9:30 – 11:00 am	\$25 <small>(\$20 with 4-Class Pass)</small>	Group style lessons for intermediate tennis players.
“Red Ball” Youth Tennis Clinic	Wednesdays	4:30 – 5:30 pm	\$20 <small>(\$15 with 4-Class Pass)</small>	Group style lessons for youth tennis players who are just beginning. Use a partial court and a “red” tennis ball that is 75% slower and a bit larger than the standard ball.
“Yellow Ball” Youth Tennis Clinic	Saturdays	11:00 am – 12:30 pm	\$25 <small>(\$20 with 4-Class Pass)</small>	Group style lessons for advanced youth tennis players able to utilize the full court and a standard tennis ball.

### Personal Training & Private Lessons

Fitness Training	Stephanie O'Connell	Personal Training must be scheduled in advance by contacting Stephanie directly at 321-474-9878 or <a href="mailto:soconnell73@outlook.com">soconnell73@outlook.com</a> .
Pickleball Lessons	Sabrina Korpi	Pickleball lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson. Reach out to Sabrina directly at <a href="mailto:sabrinakorpi@gmail.com">sabrinakorpi@gmail.com</a> or 321-243-5943.
Tennis Lessons	Ken Moore	Tennis lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson.



Zoom on over to the Club Lobby NOW to join with motorcycle lovers to plan rides and talk about your rides! We're serving up pizza and cold drinks!

Descriptions pdf <https://addisonvillageclub.com/wp-content/uploads/2026/03/Program-Descriptions-for-March-2026.pdf>

Calendar pdf <https://addisonvillageclub.com/wp-content/uploads/2026/03/March-2026.pdf>

*Interest ASL or Spanish – eric fielding would be the leader???*

*Ikebana shopping list:*

[https://www.amazon.com/hz/wishlist/ls/2RK8DX16F56W9?ref=wl\\_share](https://www.amazon.com/hz/wishlist/ls/2RK8DX16F56W9?ref=wl_share)

avc on the go google play link:

[https://play.google.com/store/apps/details?id=com.daxko.club.automation.avc&hl=en\\_US](https://play.google.com/store/apps/details?id=com.daxko.club.automation.avc&hl=en_US)



avc on the go apple store link:

<https://apps.apple.com/us/app/avc-on-the-go/id6746170338>



**Foam Roller Link:** [https://www.amazon.com/Yes4All-Foam-Roller-Exercise-Massage/dp/B00YLZPXHK/ref=sr\\_1\\_1?crd=12AKSYMS3VQ8J&dib=eyJ2IjoiMSJ9.CTjmS\\_bKOJE95TzXowzl7ab9c7ub9XB1vf0QyFaZ4XIPZsso-auyx6FKpOfb5BI7mndLPo\\_BegnQvt3nEUoNvw4LoigzLH4-gHIGa2SgbSb5x0pr01VCP7XV7lp40LwtEE7pUbasG9CmqquLTbQ8uaX5P\\_pcf1hYKNGbe5AiQhY0mGeX0HBbLrngyK\\_u09H\\_1oajWp98shI9NoI8kja0WaaPbXhqwYphgXEWbqArUfexc8hwS1MTli3kR9YEpgtnG2VrS32Vb3PixkrpMTe7nPr9cLj-qb1WGLHhZ4vw6rw.TvozAoImIlysOMhAVoC4AptCq0upOGZYVdaAplq4XEg&dib\\_tag=se&keywords=yes4all%2Bpremium%2Busa%2Bmedium&qid=1767121595&srefix=yes4all%2Bpremium%2Busa%2Bmedium%2Caps%2C257&sr=8-1&th=1](https://www.amazon.com/Yes4All-Foam-Roller-Exercise-Massage/dp/B00YLZPXHK/ref=sr_1_1?crd=12AKSYMS3VQ8J&dib=eyJ2IjoiMSJ9.CTjmS_bKOJE95TzXowzl7ab9c7ub9XB1vf0QyFaZ4XIPZsso-auyx6FKpOfb5BI7mndLPo_BegnQvt3nEUoNvw4LoigzLH4-gHIGa2SgbSb5x0pr01VCP7XV7lp40LwtEE7pUbasG9CmqquLTbQ8uaX5P_pcf1hYKNGbe5AiQhY0mGeX0HBbLrngyK_u09H_1oajWp98shI9NoI8kja0WaaPbXhqwYphgXEWbqArUfexc8hwS1MTli3kR9YEpgtnG2VrS32Vb3PixkrpMTe7nPr9cLj-qb1WGLHhZ4vw6rw.TvozAoImIlysOMhAVoC4AptCq0upOGZYVdaAplq4XEg&dib_tag=se&keywords=yes4all%2Bpremium%2Busa%2Bmedium&qid=1767121595&srefix=yes4all%2Bpremium%2Busa%2Bmedium%2Caps%2C257&sr=8-1&th=1)

Tiny url for roller: <https://tinyurl.com/49s7td3s>



Roller qr code:

*Sb.themeatman@gmail.com*

*Sb meatery*

*Mr dominicano – ramon*

[mrdominicanofl@gmail.com](mailto:mrdominicanofl@gmail.com)

**2026 snack grabs**

January – ice cream cups/popsicles

February – cupcakes & candy bags

March – some green snack

April – s'more kits

May – chip-n-dip (bags of chips and individual ranch, hummus, cheese)

September – pop & popcorn

October – diy kit to make a fruit/veggie/etc bug or Halloween thing

November –

December – Milk & cookies (AVC makes it)

*Hula class? Fitness/culture, max of 20 people*

*Initial interest class/introductory for free – an hour(ish)*

*You can wear a sarong/pareu or just comfy clothes*

*Exercise is done barefoot*

*Dorelina shainal (Lina 😊)*

[linashinal@outlook.com](mailto:linashinal@outlook.com), 850-496-2392

*bingo prizes:*

*snack basket*

*dune candle & blanket*

*shaker, espresso martini mix, **vanilla vodka***

*champagne flutes, **champagne***

*candle, **red wine***

*horror movie – **cup + trivia book***

*games - **trivia book, dice game***

*EVENT IDEA:*

*FOOD FIGHT: chili cookoff or cake walk or nailed it cake decorating*

*Could be kids? Could be adults? Multi categories*

### **Zoo to You**

*Programs use curricula aligned with Florida Standards for grades K–12, offering a 30- to 45-minute experience.*

- *\$125 for the first program*
- *\$40 for each additional program on the same day*

*To request a reservation for a Zoo to You Program please contact the Education Registrar at [edregistrar@brevardzoo.org](mailto:edregistrar@brevardzoo.org) or 321.254.9453 x219. All requests must be made more than 3 weeks before the date(s) requested. Reservations require a minimum of 15 people.*

*Brevard fire rescue requested 6/11 or 6/12*

*Stacey will give us contact info for k9 – do USA week*

*Summer santa to do Christmas bingo during xmas in July week*

*Mermaid during ocean week*