


AVC Program Descriptions for May 2025

Program Name	Date	Time	Price	Description
Addison Village Club for Lifelong Learning	Thursdays	12:00 – 1:30 pm	Free	A club to celebrate learning and authentic dialogue! Club participants help select future topics of discussion. If you have an area of expertise and would like to share it, we would love to have you join us as well! This club is free to attend, no need to register in advance. Contact Barbara.Ketchum@addisonvillageclub.com with any questions!
Addison's Artists	Thursday, 5/22	6:00 – 7:30 pm	\$10	We are making SOCK PUPPETS! Grab a big old fuzzy sock and turn it into a fun character with google eyes, lots of embellishments, and your personal creativity!
Advanced Beginner Pickleball Clinic	Wednesday, 5/14 Sunday, 5/25	5:00 – 6:30 pm 8:00 – 9:30 am	\$25 (per class)	Begin developing the basic shots of pickleball.
After-School Snack Grab	Wednesday, 5/14	2:30 pm	Free	We are preparing 150 (or more!) grab-n-go snacks for our students. They go fast!
Barre Fitness	Tuesdays	9:00 – 10:00 am	\$5	Barre targets specific muscles through isometric movements and is an effective way to build total body strength and improve flexibility.
Beginner Pickleball Clinic	Wednesday, 5/7	5:00 – 6:30 pm	\$25	Learn the rules, court details, and basics of pickleball.
Beginner Tennis Clinic - Adults	Saturdays	8:00 – 9:30 am	\$25	Group style lessons for beginner tennis players.
BINGO!	Wednesday, 5/14	6:00 – 7:30 pm	\$5	Play 7 rounds of BINGO & win great prizes. May is our Viva Italia BINGO, and all 7 prizes will celebrate Italy! Refreshments are served, adults only, and YOU MUST REGISTER IN ADVANCE!!!
Bunco Club	Tuesday, 5/20	6:00 – 9:00 pm	Free (optional \$5 buy-in to win prizes)	A fun dice game where players try to roll and score the most points over a series of rounds. Bring a snack/dessert/drink to share! Wine, soda & water will be provided – but feel free to bring your own “adult sippy cup!” Adults only. Please register in advance online or at the club.
Cardio FIT	Tuesdays & Thursdays	10:00 – 10:45 am	\$5	Focus on your cardiovascular health with this class using large muscle groups and high- or low-impact exercises to raise oxygen and blood flow throughout the body.
Cricut Craft Class	Friday, 5/2	12:00 – 2:00 pm	\$10	Get an introduction to all the creativity of a Cricut machine! Watch a demonstration, then assemble your own project to take home! Space is limited - please register in advance!
First Friday Food Truck	Friday, 5/2	Starting at 4:00 pm	Variable	The first Friday of the month is a special Food Truck Friday! Look for the eblast that announces our May Food Truck Friend! Be sure to come back the first Friday of every month!
“Green Ball” Youth Tennis Clinic	Thursdays	6:30 – 7:30 pm	\$20	Group style lessons for intermediate youth tennis players who are ready to play full court. Green balls travel 25% slower and bounce slightly less than the standard ball to help develop skill and consistency.
Intermediate Pickleball Clinic	Friday, 5/23	5:00 – 6:30 pm	\$25	Beyond the basics of pickleball. Learn specific shots and techniques to develop game strategy.
Intermediate Tennis Clinic – Adults	Saturdays	9:30 – 11:00 am	\$25	Group style lessons for intermediate tennis players.
Latino Social Club – Cinco de Mayo!	Monday, 5/4	6:00 – 8:30 pm	Free	Come to the next meeting of our Latino Social Club to celebrate diverse Latino cultures, food, music, and more! May's meet-up is celebrating CINCO DE MAYO, and we'll enjoy tacos, margaritas, and an adult piñata! This event is free to attend, and please register in advance!
Mahjong Club	Tuesdays Thursdays	6:30 – 8:30 pm 9:30 – 11:30 am	Free	Play Mahjong in groups of 3 or 4 – suitable for all skill levels. If you are new to Mahjong, the current club members will be happy to show you how to play!
	Sunday, 5/4	5:00 – 9:00 pm	FREE	It's the best party in the Galaxy! See your favorite Star Wars characters, watch SOLO on the mega outdoor screen, visit the food trucks, bounce houses, and make your very Ewok keychain in the kids' craft area! You are welcome to dress up to join in the fun, too!
Mom's Social	Friday, 5/9	6:00 – 8:30 pm	FREE	This is a special social time for moms of all ages to relax, chat, and have treats! We will have wine, snacks, and a special craft/gift making station. This event is FREE, but please register in advance!
“Orange Ball” Youth Tennis Clinic	Thursdays	5:30 – 6:30 pm	\$20	Group style lessons for youth tennis players who have learned the basics. Orange balls have less bounce and are lighter so children can develop good techniques on a court that is a smaller area for them to cover.
Pilates	Thursdays	9:00 – 9:50 am	\$5	Pilates exercises develop the body through muscular effort that stems from the core. Exercises are performed on a yoga mat to promote strength, stability, and flexibility.
Poker Club	Mondays & Wednesdays	1:00 – 3:00 pm	Free	A club for everyone who loves the game of poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Monday & Wednesday!
Pop-Up Bakery	Saturday, 5/24	8:00 – 10:00 am	Variable	The Shire Cottage Bakery is bringing their bakery to our club lobby! Stop in for their special morning hours right here at AVC!
Read Between the Wines Book Club	Friday, 5/16	6:30 – 8:00 pm	Free	Read the book of the month and discuss while enjoying a glass of wine. March's Group will discuss the book <i>The Berry Pickers</i> by Amanda Peters. This club meeting is FREE, and there is no registration required. Contact Club Leader, Pam Sowell, at PSowell@hotmail.com for more information.
“Red Ball” Youth Tennis Clinic	Wednesdays	5:30 – 6:30 pm	\$20	Group style lessons for youth tennis players who are just beginning. Use a partial court and a “red” tennis ball that is 75% slower and a bit larger than the standard ball.
Sparkling Wines... It's All About the Bubbles	Saturday, 5/31	6:00 – 8:00 pm	\$25	The class will discuss and taste six sparkling wines from France, Italy, and Spain. Learn about the different wines and the different methods used to make these wines. 21+ only
Total Body Conditioning	Mondays & Fridays	9:00 – 9:50 am	\$5	A multi-level full body workout targeting all the major muscle groups. Challenging exercises will increase strength, decrease body fat, & improve overall conditioning.
“Yellow Ball” Youth Tennis Clinic	Saturdays	11:00 am – 12:30 pm	\$25	Group style lessons for advanced youth tennis players able to utilize the full court and a standard tennis ball.
Yoga Stretch	Mondays & Fridays	10:00 – 11:00 am	\$5	A blend of stretching and strengthening postures, breath work and guided meditation to reduce stress and help restore and maintain balance, flexibility & strength.

Personal Training & Lessons

Fitness Training	Stephanie O'Connell	Personal Training must be scheduled in advance by contacting Stephanie directly at 321-474-9878 or soconnell73@outlook.com.
Pickleball Lessons	Sabrina Korpi	Pickleball lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson. Reach out to Sabrina directly at sabrinakorpi@gmail.com or 321-243-5943.
Swim Lessons	Angelia Hartman	Swim lessons are available now through July. Contact the front desk at 321-237-2377 or stop by the club for information or to schedule a lesson.
Tennis Lessons	Ken Moore	Tennis lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson.