


**AVC Program Descriptions for April 2025**

Program Name	Date	Time	Price	Description
Addison Village Club for Lifelong Learning	Thursdays	12:00 – 1:30 pm	Free	A club to celebrate learning and authentic dialogue! Club participants help select future topics of discussion. If you have an area of expertise and would like to share it, we would love to have you join us as well! This club is free to attend, no need to register in advance. Contact <a href="mailto:Barbara.Ketchum@addisonvillageclub.com">Barbara.Ketchum@addisonvillageclub.com</a> with any questions!
Addison's Artists	Monday, 4/7	6:00 – 7:30 pm	\$10	Let's make pocket pets! Decorate a tiny tin home for your new pet, and add in a special tiny tight to enhance the décor, and make accessories to fill in the spaces. Which little pet will you choose?
Advanced Beginner Pickleball Clinic	Sunday, 4/6 & 4/27	8:00 – 9:30 pm	\$25	Begin developing the basic shots of pickleball.
After-School Snack Grab	Wednesday, 4/9	2:30 pm	Free	We are preparing 150 (or more!) grab-n-go snacks for our students. They go fast!
Barre Fitness	Tuesdays	9:00 – 10:00 am	\$5	Barre targets specific muscles through isometric movements and is an effective way to build total body strength and improve flexibility.
Beginner Pickleball Clinic	Saturday, 4/5	9:30 – 11:00 am	\$25	Learn the rules, court details, and basics of pickleball.
Beginner Tennis Clinic - Adults	Saturdays	8:00 – 9:30 am	\$25	Group style lessons for beginner tennis players.
Booze Bingo	Friday, 4/25	6:00 – 7:30 pm	\$5	It's the extra BINGO date everyone has been asking for!! In this 2 <sup>nd</sup> Bingo of the month... all 7 prizes feature boozy treats – will it be a great bottle of whiskey? Rum? Craft beers? You'll have to register to find out what we will have!! Refreshments are served. <b>21+ ONLY AND YOU MUST REGISTER IN ADVANCE!!!</b>
BINGO!	Wednesday, 4/9	6:00 – 7:30 pm	\$5	Play 7 rounds of BINGO & win great prizes. April is our Hurricane-Preparation Themed BINGO, and all 7 prizes will help you stay safe and happy during the storms! Refreshments are served, adults only, and <b>YOU MUST REGISTER IN ADVANCE!!!</b>
Bunco Club	Tuesday, 4/15	6:00 – 9:00 pm	Free <i>(optional \$5 buy-in to win prizes)</i>	A fun dice game where players try to roll and score the most points over a series of rounds. Bring a snack/dessert/drink to share! Wine, soda & water will be provided – but feel free to bring your own "adult sippy cup!" Adults only. Please register in advance online or at the club.
Cardio FIT	Tuesdays & Thursdays	10:00 – 10:45 am	\$5	Focus on your cardiovascular health with this class using large muscle groups and high- or low-impact exercises to raise oxygen and blood flow throughout the body.
Discover SCUBA & (optional) Underwater Easter Bunny Photos	Saturday, 4/12	9:00 am – 3:00 pm	Free <i>(optional photo is \$10)</i>	Learn about SCUBA & give it a try in the pool with experts from Space Coast Dive Center! All the gear will be supplied – just come ready to enjoy learning to breathe underwater! You must reserve your FREE time slot in advance & complete required SSI Forms. <b>Ages 10 and over only.</b> And just in time for the Easter... SCUBA Easter Bunny will be here to take underwater photos for a \$10 fee following your lesson!!
Doubles Strategy Pickleball Clinic	Saturday, 4/27	2:30 – 4:00 pm	\$25	How to move with your partner and team strategy to win the point!
<b>Egg-Stravaganza</b>	<b>Friday, 4/18</b>	<b>3:00 – 8:30 pm</b>	<b>FREE</b>	The Easter Bunny is back – and so is the flashlight egg hunt! We have added in 2 times just for the littles ones! We will have all kinds of fun with a face painter, caricature artist, craft & coloring stations, food trucks AND a professional photographer to capture the special meet-and-greet with the Easter Bunny! <b>Pre-registration required for egg hunts only!</b>
		<b>TWO TODDLER HUNTS: 3:00 and 3:40</b> <b>SIX DAYLIGHT HUNTS: 4:30, 5:00, 5:30, 6:00, 6:30, 7:00</b> <b>TWO FLASHLIGHT HUNTS: 7:50 and 8:20</b>		
First Friday Food Truck	Friday, 4/4	Starting at 4:00 pm	Variable	The first Friday of the month is a special Food Truck Friday! This month dinner is served by our friends from <b>Apollo's 22</b> . Be sure to come back the first Friday of every month!
"Green Ball" Youth Tennis Clinic	Thursdays	6:30 – 7:30 pm	\$20	Group style lessons for intermediate youth tennis players who are ready to play full court. Green balls travel 25% slower and bounce slightly less than the standard ball to help develop skill and consistency.
 <b>Home &amp; Hurricane Expo</b>	<b>Saturday, 4/19</b>	<b>10:00 am - 2:00 pm</b>	<b>Free</b>	It's our Home & Hurricane Expo! Learn all about preparing for and recovery from the storms that come along with hurricane season from our emergency preparedness partners in Brevard County government. A variety of businesses specializing in all areas of homecare, repair, and more will be here to give live presentations. On the Veranda you'll find local artisans selling arts & crafts! We will have door prizes, food trucks, and snacks provided throughout the event by our sponsors! This event is open to the public, so be sure to bring a friend!
Intermediate Pickleball Clinic	Wednesday, 4/9	4:30 – 6:00 pm	\$25 <i>(per class)</i>	Beyond the basics of pickleball. Learn specific shots and techniques to develop game strategy.
Intermediate Tennis Clinic – Adults	Saturdays	9:30 – 11:00 am	\$25	Group style lessons for intermediate tennis players.
Latino Social Club – Karaoke!	Friday, 4/4	6:00 – 8:30 pm	Free	Come to the next meeting of our Latino Social Club to celebrate diverse Latino cultures, food, music, and more! April's meet-up is a KARAOKE NIGHT, and we'll be singing our hearts out! This event is free to attend, and please bring your own snack & beverage. Please register in advance!
Mahjong Club	Tuesdays Thursdays	6:30 – 8:30 pm 9:30 – 11:30 am	Free	Play Mahjong in groups of 3 or 4 – suitable for all skill levels. If you are new to Mahjong, the current club members will be happy to show you how to play!
"Orange Ball" Youth Tennis Clinic	Thursdays	5:30 – 6:30 pm	\$20	Group style lessons for youth tennis players who have learned the basics. Orange balls have less bounce and are lighter so children can develop good techniques on a court that is a smaller area for them to cover.
Pilates	Thursdays	9:00 – 9:50 am	\$5	Pilates exercises develop the body through muscular effort that stems from the core. Exercises are performed on a yoga mat to promote strength, stability, and flexibility.
Poker Club	Mondays & Wednesdays	1:00 – 3:00 pm	Free	A club for everyone who loves the game of poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Monday & Wednesday!
Read Between the Wines Book Club	Friday, 4/11	6:30 – 8:00 pm	Free	Read the book of the month and discuss while enjoying a glass of wine. March's Group will discuss the book <i>Go Set a Watchman</i> by Harper Lee. This club meeting is FREE, and there is no registration required. Contact Club Leader, Pam Sowell, at <a href="mailto:PSowell@hotmail.com">PSowell@hotmail.com</a> for more information.
"Red Ball" Youth Tennis Clinic	Wednesdays	5:30 – 6:30 pm	\$20	Group style lessons for youth tennis players who are just beginning. Use a partial court and a "red" tennis ball that is 75% slower and a bit larger than the standard ball.
Total Body Conditioning	Mondays & Fridays	9:00 – 9:50 am	\$5	A multi-level full body workout targeting all the major muscle groups. Challenging exercises will increase strength, decrease body fat, & improve overall conditioning.
Women's Pickleball Round Robin Tournament	Wednesday, 4/30	8:00 am – 3:00 pm <i>(registration begins at 7:00 am)</i>	\$40	There will be two groups of 32 (64 players total). Each group will have play times assigned to their group of 32. Once all rounds for each group have been played (6 rounds/games in total per grouping), the top 4 from each group will compete in a playoff and the winners will receive medals. Light snacks will be served in the morning, and lunch is provided by Mr. Delicious. Contact <a href="mailto:Grace.Barnak@addisonvillageclub.com">Grace.Barnak@addisonvillageclub.com</a> to register!
"Yellow Ball" Youth Tennis Clinic	Saturdays	11:00 am – 12:00 pm	\$20	Group style lessons for advanced youth tennis players able to utilize the full court and a standard tennis ball.
Yoga Stretch	Mondays & Fridays	10:00 – 11:00 am	\$5	A blend of stretching and strengthening postures, breath work and guided meditation to reduce stress and help restore and maintain balance, flexibility & strength.
ZOO-mba	Thursdays <i>3 weeks only! 4/10, 17 &amp; 24</i>	7:00 – 7:50 pm	\$5	ZOO-mba is a special kid-friendly, dance-inspired workout that is about celebrating our animal friends and sounds. Grab an animal headband, some maracas, or even a ribbon and enjoy making moves that are more like play!
Zumba	Tuesdays <i>3 weeks only! 4/8, 15 &amp; 22</i>	7:00 – 7:50 pm	\$5	Zumba is an aerobic dance-inspired workout that is all about having fun. This class looks and sounds more like a dance party! Suitable for all fitness levels.

**Personal Training & Lessons**

Fitness Training	Stephanie O'Connell	Personal Training must be scheduled in advance by contacting Stephanie directly at 321-474-9878 or <a href="mailto:soconnell73@outlook.com">soconnell73@outlook.com</a> .
Pickleball Lessons	Sabrina Korpi	Pickleball lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson. Reach out to Sabrina directly at <a href="mailto:sabrinakorpi@gmail.com">sabrinakorpi@gmail.com</a> or 321-243-5943.
Swim Lessons	Angelia Hartman	Swim lessons will resume at the end of April. Contact the front desk at 321-237-2377 or stop by the club for information.
Tennis Lessons	Ken Moore	Tennis lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson.