




## AVC Program Descriptions for March 2025

Program Name	Date	Time	Price	Description
Addison Village Club for Lifelong Learning	Thursdays <b>**NEW Meeting Date**</b>	12:00 – 1:30 pm	Free	A club to celebrate learning and authentic dialogue! Club participants help select future topics of discussion. If you have an area of expertise and would like to share it, we would love to have you join us as well! This club is free to attend, no need to register in advance. Contact <a href="mailto:Barbara.Ketchum@addisonvillageclub.com">Barbara.Ketchum@addisonvillageclub.com</a> with any questions!
Addison Motorcycle Riders Club	Saturday, 3/1	2:00 – 3:00 pm	Free	A club for people who love motorcycles! Join us to meet fellow enthusiasts & plan rides. Refreshments will be served, no need to register in advance.
Addison's Artists	Monday, 3/17	6:00 – 7:30 pm	\$10	Let's make a stuffed leprechaun! Stuff a green canvas body full of fluff, then decorate your leprechaun with all kinds of bling, a cool hat, and a fuzzy beard. Maybe your new pal will show you to their pot of gold!?
Advanced Beginner Pickleball Clinic	Sunday, 3/9	1:00 – 2:30 pm	\$25	Begin developing the basic shots of pickleball.
After-School Snack Grab	Wednesday, 3/12	2:30 pm	Free	We are preparing 150 (or more!) grab-n-go snacks for our students. They go fast!
Barre Fitness	Tuesdays	9:00 – 10:00 am	\$5	Barre targets specific muscles through isometric movements and is an effective way to build total body strength and improve flexibility.
Beginner Pickleball Clinic	Saturday, 3/8	9:00 – 10:30 am	\$25	Learn the rules, court details, and basics of pickleball.
Beginner Tennis Clinic - Adults	Saturdays	8:00 – 9:30 am	\$25	Group style lessons for beginner tennis players.
Beginner Writing Class Series	Saturdays 1/11 – 3/8	9:00 – 11:00 am	Free	Develop and elevate your writing skills at the 9-week Writing Workshop instructed by Gene Luke and other members of the Brevard Authors Society. This class is open to teens and adults and is FREE! Lesson 1 Essential Writing Skills      Lesson 6 DIY Revising Lesson 2 Effective Composition      Lesson 7 Writing Short Story Lesson 3 The Importance of Details      Lesson 8 Writing Poetry Lesson 4 Revision Strategies      Lesson 9 Writing a Novel Lesson 5 Using Good Language
<b>BIG RED BUS</b>	Saturday, 3/8	10:00 am – 3:00 pm	Free	Donate blood, save a life, and get a \$20 gift card & a gift! No appointment necessary, but you can sign up in advance at <a href="http://oneblood.org/donate-now">oneblood.org/donate-now</a> and use sponsor code 65939
BINGO!	Wednesday, 3/12	6:00 – 7:30 pm	\$5	Play 7 rounds of BINGO & win great prizes. March is our St. Patrick's Day Themed BINGO, and all 7 prizes will all about our favorite day for wearing green! Refreshments are served, adults only, and <b>YOU MUST REGISTER IN ADVANCE!!!</b>
Bunco Club	Tuesday, 3/18	6:00 – 9:00 pm	Free <i>(optional \$5 buy-in to win prizes)</i>	A fun dice game where players try to roll and score the most points over a series of rounds. Bring a snack/dessert/drink to share! Wine, soda & water will be provided – but feel free to bring your own “adult sippy cup!” Adults only. Please register in advance online or at the club.
Cardio FIT	Tuesdays & Thursdays	10:00 – 10:45 am	\$5	Focus on your cardiovascular health with this class using large muscle groups and high- or low-impact exercises to raise oxygen and blood flow throughout the body.
College Application & Essay Workshop For High School Students (AND Parents if they are interested in joining in)	Tuesday, 3/4	6:30 – 8:00 pm	Free	Do you wish you could get some help preparing for college? Better yet . . . Do you wish that help could be FREE? If you are a junior in high school (or even a sophomore), the time to start is NOW. (If you are a senior who plans to put off college after a gap semester or year, you are welcome to attend, too.) Early admission deadline for most colleges (including U of F) is November 1. That may seem like a long way away, but it's not. It's already 2nd semester, and do you really want to spend your summer working on this? Get useful advice and tips for a stand-out college application and essay!
Doubles Strategy Pickleball Clinic	Friday, 3/28	5:00 – 6:30 pm	\$25	How to move with your partner and team strategy to win the point!
First Friday Food Truck	Friday, 3/7	Starting at 4:00 pm	Variable	The first Friday of the month is a special Food Truck Friday! This month dinner is served by our friends from <b>Curry In A Hurry</b> . Be sure to come back the first Friday of every month!
Intermediate Pickleball Clinic	Friday, 3/7 & Friday, 3/14	4:30 – 6:00 pm	\$25 <i>(per class)</i>	Beyond the basics of pickleball. Learn specific shots and techniques to develop game strategy.
Intermediate Tennis Clinic – Adults	Saturdays	9:30 – 11:00 am	\$25	Group style lessons for intermediate tennis players.
Latino Social Club – Game Night!	Thursday, 3/20	6:00 – 8:30 pm	Free	Come to the next meeting of our Latino Social Club to celebrate diverse Latino cultures, food, music, and more! March's meet-up is a GAME NIGHT, and we'll be playing LEFT-RIGHT-CENTER! You can play for free or bring along a few dollars to play for a prize! Bring your own snack & beverage. Please register in advance!
Mahjong Club	Tuesdays Thursdays	6:30 – 8:30 pm 9:30 – 11:30 am	Free	Play Mahjong in groups of 3 or 4 – suitable for all skill levels. If you are new to Mahjong, the current club members will be happy to show you how to play!
“Orange Ball” Youth Tennis Clinic	Saturdays	12:00 – 1:00 pm	\$20	Group style lessons for youth tennis players who have learned the basics. Orange balls have less bounce and are lighter so children can develop good techniques on a court that is a smaller area for them to cover.
Pilates	Thursdays	9:00 – 9:50 am	\$5	Pilates exercises develop the body through muscular effort that stems from the core. Exercises are performed on a yoga mat to promote strength, stability, and flexibility.
Poker Club	Mondays & Wednesdays	1:00 – 3:00 pm	Free	A club for everyone who loves the game of poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Monday & Wednesday!
Read Between the Wines Book Club	Friday, 3/28	6:30 – 8:00 pm	Free	Read the book of the month and discuss while enjoying a glass of wine. March's Group will discuss the book <i>Thursday Murder Club</i> by Richard Osman. This club meeting is FREE, and there is no registration required. Contact Club Leader, Pam Sowell, at <a href="mailto:PSowell@hotmail.com">PSowell@hotmail.com</a> for more information.
“Red Ball” Youth Tennis Clinic	Saturdays	1:00 – 2:00 pm	\$20	Group style lessons for youth tennis players who are just beginning. Use a partial court and a “red” tennis ball that is 75% slower and a bit larger than the standard ball.
<b>Spring Adult Social</b> 	Friday, 3/21	6:00 – 8:30 pm	Free	Join us for a lovely evening just for adults! Heavy hors d'oeuvres, desserts, custom cocktails & mocktails, and entertainment! This event is free, but please register in advance!
<b>Spring Break Camp</b> 	Monday – Thursday 3/17 – 3/20	9:00 am – 3:00 pm Daily	\$150	It's AVC's THIRD ANNUAL Spring Break Camp just for kids ages 5-12! We'll have lots of fun playing games, doing crafts, and making friends. Register in advance.
<b>Spring Craft Fair</b> 	Saturday, 3/29	10:00 am – 4:00 pm	Free	We have dozens of local artisans and crafters setting up their tables and booths to display their talents! It is the perfect venue to do some shopping for gifts or for yourself! Food trucks will also be on site during the event! Check out our event on Facebook to stay up-to-date on all the details.
Total Body Conditioning	Mondays & Fridays	9:00 – 9:50 am	\$5	A multi-level full body workout targeting all the major muscle groups. Challenging exercises will increase strength, decrease body fat, & improve overall conditioning.
“Yellow Ball” Youth Tennis Clinic	Saturdays	11:00 am – 12:00 pm	\$20	Group style lessons for advanced youth tennis players able to utilize the full court and a standard tennis ball.
Yoga Stretch	Mondays & Fridays	10:00 – 11:00 am	\$5	A blend of stretching and strengthening postures, breath work and guided meditation to reduce stress and help restore and maintain balance, flexibility & strength.

### Personal Training & Lessons

Fitness Training	Stephanie O'Connell	Personal Training must be scheduled in advance by contacting Stephanie directly at 321-474-9878 or <a href="mailto:soconnell73@outlook.com">soconnell73@outlook.com</a> .
Pickleball Lessons	Sabrina Korpi	Pickleball lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson. Reach out to Sabrina directly at <a href="mailto:sabrinakorpi@gmail.com">sabrinakorpi@gmail.com</a> or 321-243-5943.
Swim Lessons	Angelia Hartman	Swim lessons will resume in Spring 2025. Contact the front desk at 321-237-2377 or stop by the club for information.
Tennis Lessons	Ken Moore	Tennis lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson.