

AVC Program Descriptions for February 2025

Program Name	Date	Time	Price	Description
Addison Village Club for Lifelong Learning	Tuesdays	12:00 – 1:30 pm	Free	A club to celebrate learning and authentic dialogue! Club participants help select future topics of discussion. If you have an area of expertise and would like to share it, we would love to have you join us as well! This club is free to attend, no need to register in advance. Contact Barbara.Ketchum@addisonvillageclub.com with any questions!
Addison's Artists	Monday, 2/10	6:00 – 7:30 pm	\$10	Let's make love-bug HATS! Start with a ball cap then add all the embellishments to cover your hat with love-bugs & your own special flair. What better way to celebrate Valentine season than with your own hand-made accessory!?
After-School Snack Grab	Wednesday, 2/12	2:30 pm	Free	We are preparing 150 (or more!) grab-n-go snacks for our students. They go fast!
Barre Fitness	Tuesdays <i>(no classes 2/17-21)</i>	9:00 – 10:00 am	\$5	Barre targets specific muscles through isometric movements and is an effective way to build total body strength and improve flexibility.
Beginner Tennis Clinic - Adults	Saturdays	8:00 – 9:30 am	\$25	Group style lessons for beginner tennis players.
Beginner Writing Class Series	Saturdays 1/11 – 3/8	9:00 – 11:00 am	Free	Develop and elevate your writing skills at the 9-week Writing Workshop instructed by Gene Luke and other members of the Brevard Authors Society. This class is open to teens and adults and is FREE! Lesson 1 Essential Writing Skills Lesson 2 Effective Composition Lesson 3 The Importance of Details Lesson 4 Revision Strategies Lesson 5 Using Good Language Lesson 6 DIY Revising Lesson 7 Writing Short Story Lesson 8 Writing Poetry Lesson 9 Writing a Novel
BIG RED BUS	Saturday, 2/22	10:00 am – 3:00 pm	Free	Donate blood, save a life, and get a \$20 gift card & a gift! No appointment necessary, but you can sign up in advance at oneblood.org/donate-now and use sponsor code 65939
BINGO!	Wednesday, 2/12	6:00 – 7:30 pm	\$5	Play 7 rounds of BINGO & win great prizes. February is our Valentines Day Themed BINGO, and all 7 prizes will all about our favorite day for sweethearts! Refreshments are served, adults only, and YOU MUST REGISTER IN ADVANCE!!!
Bourbon Class	Friday, 2/7	6:00 – 8:00 pm	\$25	Bourbon Class is back! Learn for the first time or come back for a refresher to hear about the history, legal requirements, bourbon vocabulary, and best of all – TASTE BOURBONS! Register now... space is limited! (21+ only)
Bunco Club	Tuesday, 2/18	6:00 – 9:00 pm	Free <i>(optional \$5 buy-in to win prizes)</i>	A fun dice game where players try to roll and score the most points over a series of rounds. Bring a snack/dessert/drink to share! Wine, soda & water will be provided – but feel free to bring your own “adult sippy cup!” Adults only. Please register in advance online or at the club.
Cardio FIT	Tuesdays & Thursdays <i>(no classes 2/17-21)</i>	10:00 – 10:45 am	\$5	Focus on your cardiovascular health with this class using large muscle groups and high- or low-impact exercises to raise oxygen and blood flow throughout the body.
First Friday Food Truck	Friday, 2/7	Starting at 4:00 pm	Variable	The first Friday of the month is a special Food Truck Friday! This month dinner is served by our friends from Taco Maniacs . Be sure to come back the first Friday of every month!
Intermediate Tennis Clinic – Adults	Saturdays	9:30 – 11:00 am	\$25	Group style lessons for intermediate tennis players.
Latino Social Club	Saturday, 2/22	6:00 – 8:30 pm	Free	Come to the next meeting of our Latino Social Club to celebrate diverse Latino cultures, food, music, and more!
Meet the Pickleball Coach!	Saturday, 2/15	11:00 am – 2:00 pm	Free	Introducing our new Pickleball Coach, Sabrina! Plan to attend a meet-and-greet from 11am-12pm, then stick around to play pickleball from noon until 2pm! It is FREE to attend the event, but please register in advance. Light refreshments will be served.
Mahjong Club	Tuesdays Thursdays	6:30 – 8:30 pm 9:30 – 11:30 am	Free	Play Mahjong in groups of 3 or 4 – suitable for all skill levels. If you are new to Mahjong, the current club members will be happy to show you how to play!
“Orange Ball” Youth Tennis Clinic	Saturdays	12:00 – 1:00 pm	\$20	Group style lessons for youth tennis players who have learned the basics. Orange balls have less bounce and are lighter so children can develop good techniques on a court that is a smaller area for them to cover.
Pilates	Thursdays <i>(no classes 2/17-21)</i>	9:00 – 9:50 am	\$5	Pilates exercises develop the body through muscular effort that stems from the core. Exercises are performed on a yoga mat to promote strength, stability, and flexibility.
Poker Club	Wednesdays	1:00 – 3:00 pm	Free	A club for everyone who loves the game of poker or who would like to learn how to play! This is intended as a low-stakes, social game! Please join us for a friendly game every Wednesday!
Read Between the Wines Book Club AND Meet the Author!	Friday, 2/21	6:30 – 8:00 pm	Free	Read the book of the month and discuss while enjoying a glass of wine. February's Group will discuss the book <i>The Deep, Deep Snow</i> and will be joined by the author, Camron Wright! This club meeting is FREE, but please register in advance so that we may reserve adequate seating for this special event! Register online or at the front desk. You may also contact Club Leader, Pam Sowell, at PSowell@hotmail.com for more information.
“Red Ball” Youth Tennis Clinic	Saturdays	1:00 – 2:00 pm	\$20	Group style lessons for youth tennis players who are just beginning. Use a partial court and a “red” tennis ball that is 75% slower and a bit larger than the standard ball.
Total Body Conditioning	Mondays & Fridays <i>(no classes 2/17-21)</i>	9:00 – 9:50 am	\$5	A multi-level full body workout targeting all the major muscle groups. Challenging exercises will increase strength, decrease body fat, & improve overall conditioning.
Valentine's Ikebana	Thursday, 2/13	6:00 – 7:30 pm	\$15	Using the art of Japanese Flower Arranging, create a special seasonal floral arrangement! You will learn the concepts through an interactive presentation, and then create your own beautiful design to take home. ALL AGES are welcome!
Valentine's on the Veranda	Friday, 2/14	6:00 – 8:30 pm	\$20	Get ready for a love-filled evening at our 3rd annual Valentine's on the Veranda! Our live guitarist is returning, along with charcuterie treat boxes, dessert buffet, and wine. Tickets are \$20 per person - adults only. If you have any food allergies, please send an email to Barbara.Ketchum@addisonvillageclub.com with your dietary needs!
Valentine's Story Time	Friday, 2/7	10:00 – 10:30 am	Free	We are reading sweet stories all about Valentine's Day! Bring your little ones to the Club Lobby for lovely books and a treat!
“Yellow Ball” Youth Tennis Clinic	Saturdays	11:00 am – 12:00 pm	\$20	Group style lessons for advanced youth tennis players able to utilize the full court and a standard tennis ball.
Yoga Stretch	Mondays & Fridays <i>(no classes 2/17-21)</i>	10:00 – 11:00 am	\$5	A blend of stretching and strengthening postures, breath work and guided meditation to reduce stress and help restore and maintain balance, flexibility & strength.

Personal Training & Lessons

Fitness Training	Stephanie O'Connell	Personal Training must be scheduled in advance by contacting Stephanie directly at 321-474-9878 or soconnell73@outlook.com .
Pickleball Lessons	Sabrina Korpi	Pickleball lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson.
Swim Lessons	Angelia Hartman	Swim lessons will resume in Spring 2025. Contact the front desk at 321-237-2377 or stop by the club for information.
Tennis Lessons	Ken Moore	Tennis lessons are available for individuals and for groups. Contact the front desk at 321-237-2377 or stop by the club to schedule a lesson.